



Introduction to Restorative Practices

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Lisa Selby, Restorative Practices Lead
Erika Moore-Thames, MTSS Resource Teacher

Office of School Climate: SSW and MTSS

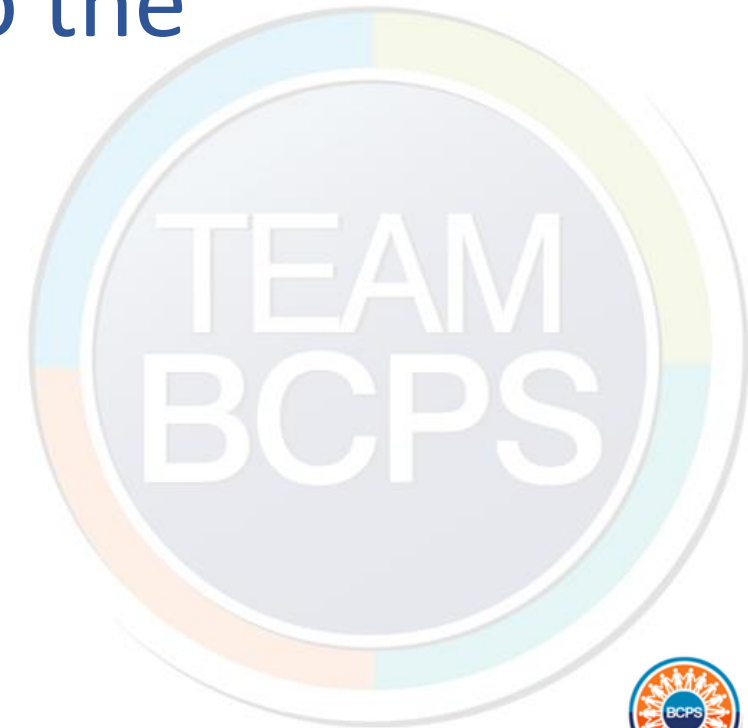
Welcoming Ritual



What is one thing that made you smile this week?











Type it into the chat box!



Today's Meeting Agreements



- Mute your mic unless you are speaking 
- Say your name when speaking (consider using a talking piece)  
- Use the chat box and 'raise hand' features to ask questions or make comments 
- Stay on topic and share just enough 
- Be an active listener and participant 
- Remember to speak your own truth 
- Assume positive intent; give yourself and others grace 



Learning Outcomes



By the end of the session, participants will be able to:

- ✓ Describe Restorative Practices
- ✓ Understand how Restorative Practices can be applied in schools



SEL in BCPS



Baltimore County Public Schools Social and Emotional Learning TAKING A STAND FOR SEL

Social and emotional learning is "the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions."

Collaborative for Academic, Social, and Emotional Learning, (2018)



BCPS Framework

"Social and emotional learning (SEL) is an integral part of education and human development. SEL is the **process** through which **all young people and adults** acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions."

Collaborative for Academic, Social, and Emotional Learning,
(2020)



Social Emotional Learning Competencies



- Awareness
 - Self-Awareness
 - Self-Management
- Relationships
 - Relationship Skills
 - Social Relationships
- Decision Making
 - Responsible Decision Making



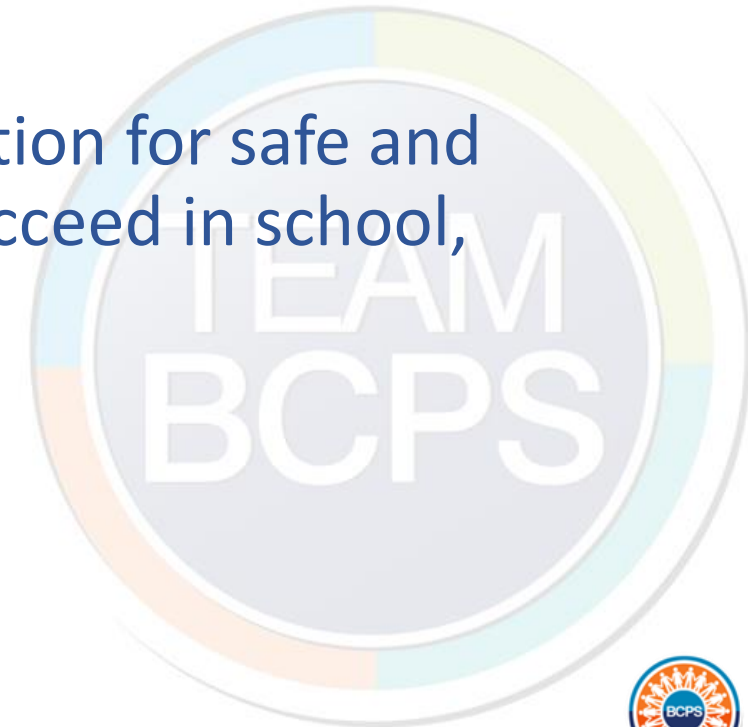
Why is SEL important?



Our schools serve a variety of students who have different motivation for

- engaging in learning
- behaving positively
- performing academically

Social and emotional learning (SEL) provides a foundation for safe and positive learning, and enhances students' ability to succeed in school, careers, and life.



SEL and Restorative Practices



- SEL skills can help students participate in the restorative practice processes
 - SEL develops skills for managing and expressing emotions
 - SEL guides circle participants to be able to identify emotions and respond appropriately
 - Listening, perspective taking, and empathy skills are key elements for participating in a circle
 - Problem-solving skills are required for effective conflict-resolution in more responsive circles



Source: <https://www.cfchildren.org/blog/2018/06/implementing-both-sel-and-restorative-practices/>



Restorative Practices



- Restorative Practices are a **framework** for *building community* and for *responding to challenging behavior* through authentic dialogue, coming to understanding, and making things right.



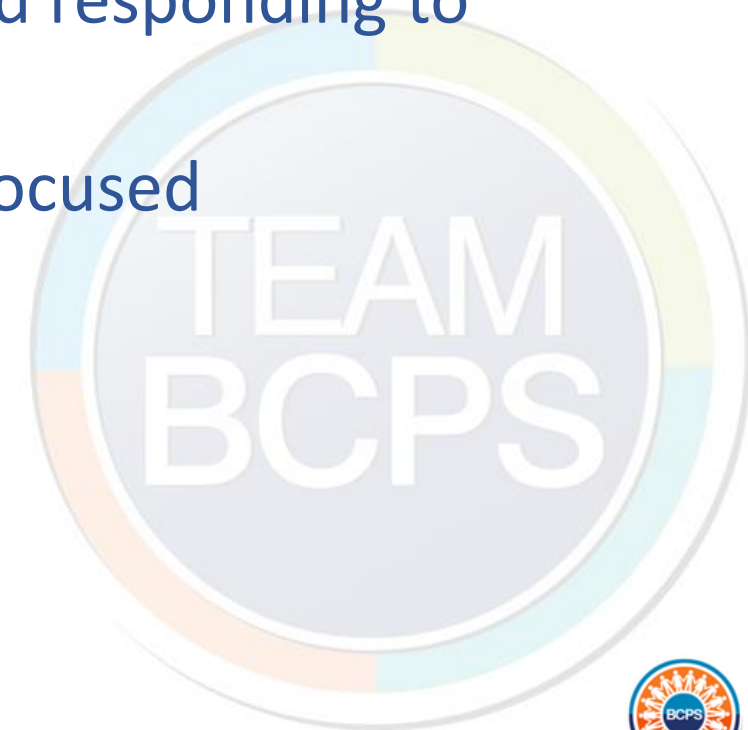
Source: International Institute for Restorative Practices (IIRP)



What are Restorative Practices?



- A philosophy; way of being
- Whole school framework for building community and responding to challenging behavior
- Relationship-building, strength-based and solution-focused
- Evidence-based approach



Think About It



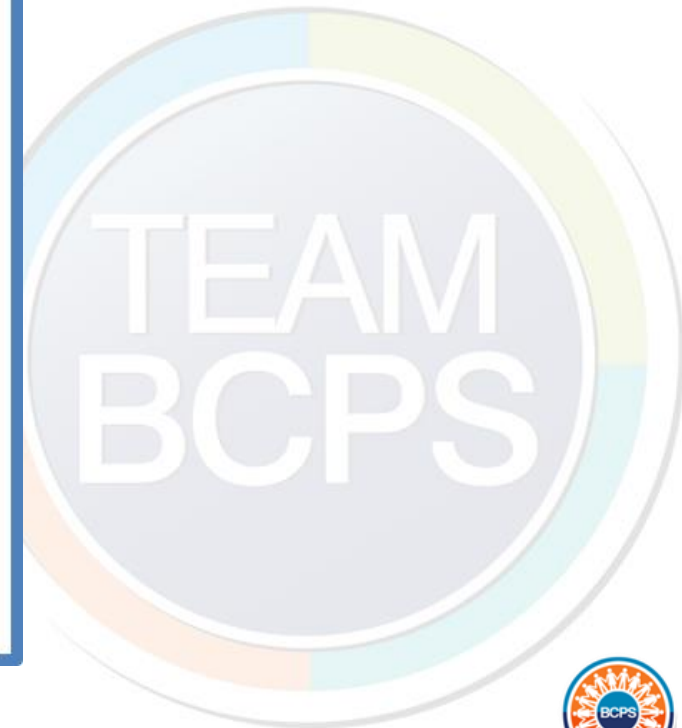
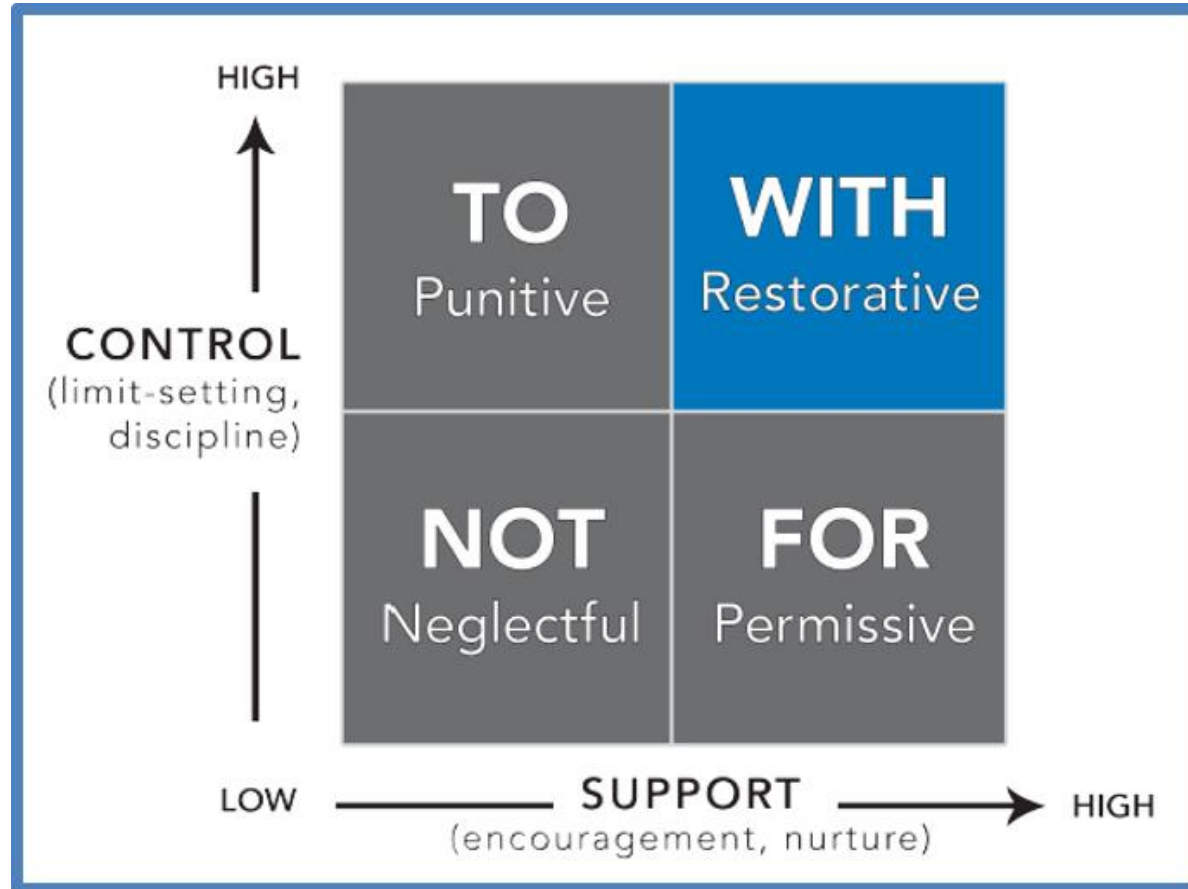
Think about the person who had the greatest impact on you – that is, the one you respected the most



What allowed you to feel this way? What is **ONE WORD** that would describe what was special about this person?



Social Discipline Window

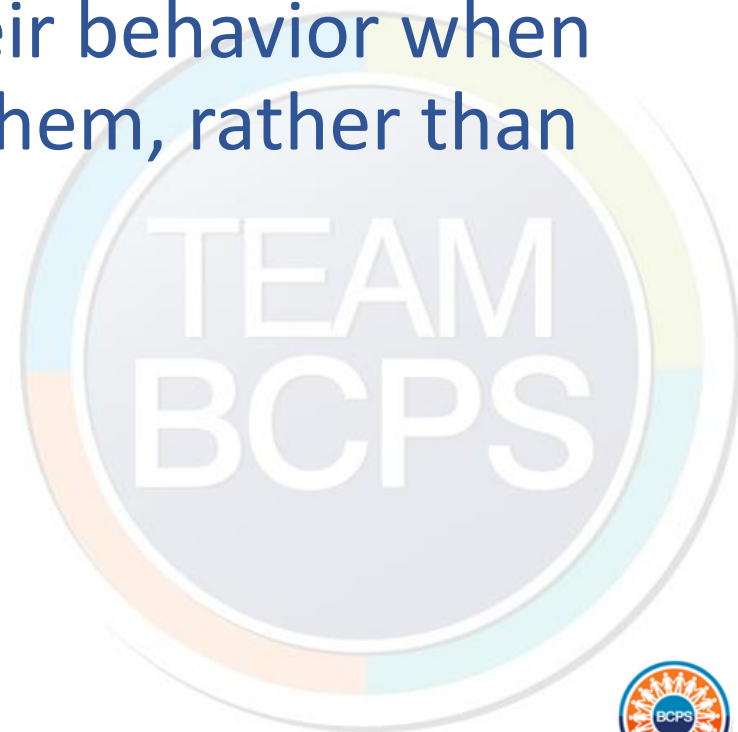


Fundamental Hypothesis



“Human beings are happier, more cooperative and productive, and more likely to make positive changes in their behavior when those in positions of authority do things **with** them, rather than **to** them or **for** them.”

Source: International Institute for Restorative Practices (IIRP)



Why Restorative Practices?



Restorative Practices in Schools and Beyond

- Promotes a positive school climate
- Develops and strengthens relationships
- Supports social-emotional learning
- Provides accountability for actions



Why Restorative Practices? (con't)



Restorative Practices in Schools and Beyond

Members of the school community will:

- have an opportunity to be heard
- understand the greater impact of one's actions
- learn to take responsibility
- repair the harm one's actions may have caused
- recognize one's role as a positive contributing member of the school community



Restorative Practices Continuum



80 % Proactive



20 % Responsive



Restorative Practices Questions



Restorative Questions

- What happened?
- What were you thinking of at the time?
- What have you thought about since?
- Who has been affected by what you have done?
- What do you think you need to do to make things right?



Restorative Practices in Action



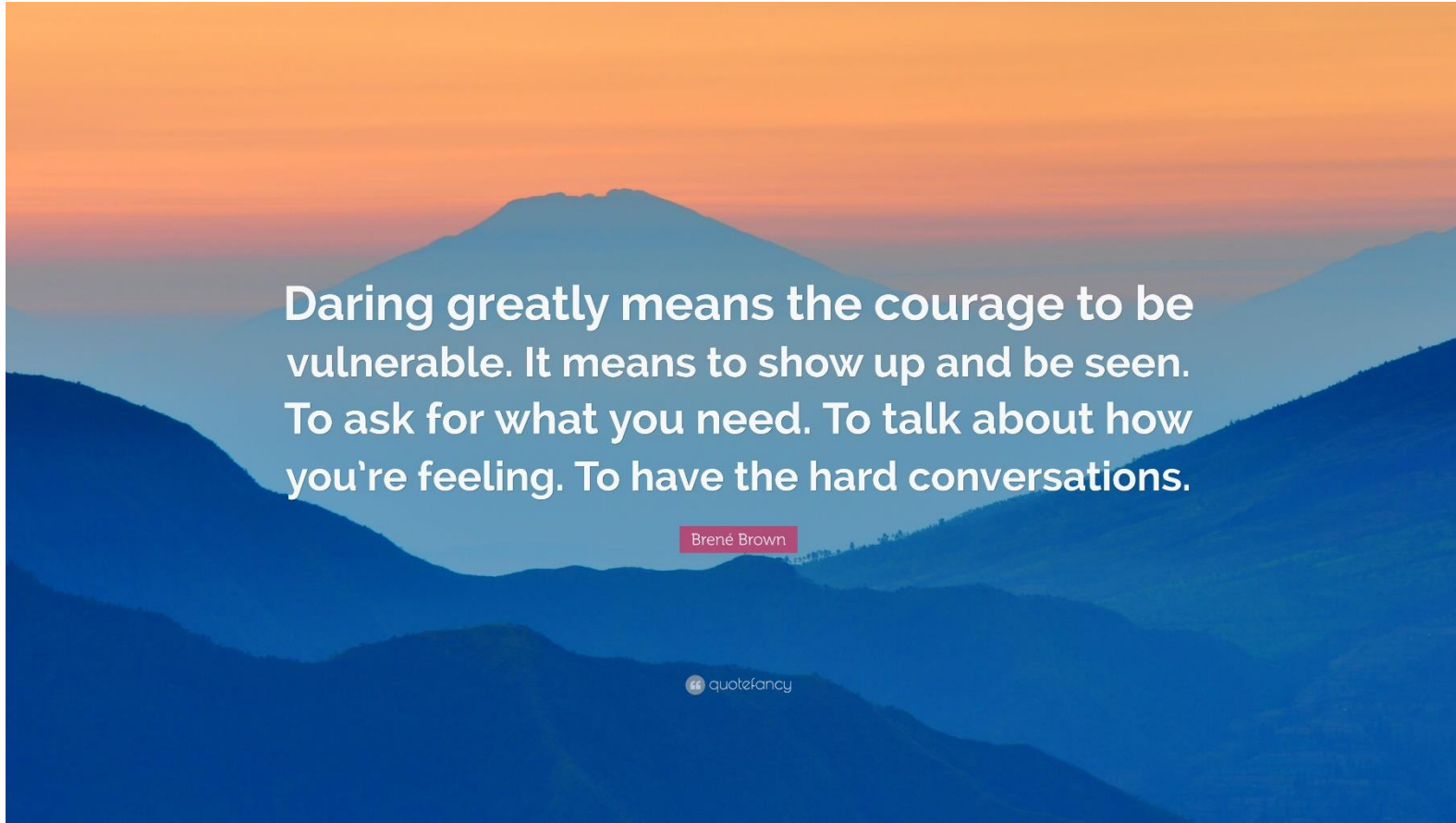
Optimistic Closure



What is one thing you learned today about Restorative Practices or SEL in BCPS?



Final Thought



Thank you for Joining Us!



Want more information?

Please reach out to:

Melissa Frankle

Acting School Counselor Department Chair

